

Campo Family YMCA

Programs & Activities April - June 2009

PRESCHOOL

Sessions: March 30-May 1 (5 week session), May 4-29, classes resume in Sept. Registration begins first day of month prior to session. No class Spring Break (April 6-10).

Time for 2's (age 2)

Time: Mon & Wed, 10:45-11:45am,
Tues & Thurs, 9:30-10:30am

Cost: \$45 Facility / \$60 Community

Big Kids! (age 3-4)

Time: Mon & Weds, 9:30-10:30am,
Tues & Thurs, 10:45-11:45am

Cost: \$45 Facility / \$60 Community

Preschool Dance I (age 3)

Day/Time: Thursdays, 10:30-11:15am,
Level 2 Wednesdays, 2:30-3:15pm

April Cost: \$37.50 Facility /
\$56.25 Community

May / June Cost: \$30 Facility /
\$45 Community

Preschool Dance II (age 4-5)

Day/Time: Wednesdays (Level 2)*,
3:15-4pm, Thursdays, 11:15am-12pm,
3:15-4pm

March Cost: \$30 Facility /
\$45 Community

April Cost: \$37.50 Facility /
\$56.25 Community

May / June Cost: \$30 Facility /
\$45 Community

Tiny Dancers (age 2)

Day/Time: Thurs, 9:30-10:15am,
2:15-3pm, Wednesdays (Level 2),
2-2:45pm

March Cost: \$30 Facility /
\$45 Community

April Cost: \$37.50 Facility /
\$56.25 Community

May / June Cost: \$30 Facility /
\$45 Community

*Level 2 participants must have taken Level 1 classes and have teacher approval.

YOUTH

Spring Break Camp (age 5-12)

Dates: April 6-10

Time: 7am-6pm

Cost per Day: \$30 Facility /
\$40 Community

Cost per Week: \$130 Facility /
\$185 Community

Summer Day Camp (age 5 and up)

Dates: June 8-August 21

Time: Full and half-day programs
available

Cost: \$130 and up

For a complete Summer Camp brochure, see Welcome Center or visit www.tampaymca.org

Sleepover (age 5-12)

Date/Time: April 17, May 15, June 19,
7pm-7am

Cost: \$24 Facility / \$40 Community /
\$15 each additional child

Parents Night Out (age 5-12)

Dates: April 10 & 24, May 8 & 22,
June 12 & 26, 6-10pm

Cost: FREE! for Facility Members

Judo (age 5-adult)

Sessions: April 4-25, May 2-30,
June 6-27; registration begins first day
of month prior to session

Day: Saturdays, Time: 9am (ages 5-12),
10am (ages 13 & up)

Cost: FREE! for Facility Members only
You MUST register for Judo by the
Friday before the monthly session
begins!

YOUTH (cont.)

Karate (age 5-adult)

Sessions: March 30-April 29, May 4-29,
June 1-26; registration begins first day
of month prior to session. 8 classes
per month (2x week)

Days/Time: Mon: 6:30-7:30pm (ages
5-adult), 7:30-8:30pm (advanced
students - adults), Wednesdays:
6:30-7:30pm (ages 5-adult)

April Cost: \$37.50 Facility /
\$75 Community

May / June Cost: \$30 Facility /
\$60 Community

Art/Drawing for Kids (age 5-12)

Sessions: March 31-April 28, May 5-26,
classes resume in Sept. Registration
begins first day of month prior to
session

Day: Tuesdays, Time: 3-3:55pm or
4-4:55pm (ages 5-8), 5-5:55pm
(ages 9-12)

March Cost: \$24 Facility /
\$30 Community

April Cost: \$29 Facility /
\$37.50 Community

Dazzling Dancers (age 6-9)

Sessions: April 1-29, May 6-27, classes
resume in Sept.

Time: Wednesdays, 4-5pm

March Cost: \$32 Facility /
\$47 Community

April Cost: \$40 Facility /
\$59 Community

Hip Hop (age 7-12)

Sessions: April 2-30, May 7-28, classes
resume in Sept.

Days/Time: Thursdays, 4:15-5pm

March Cost: \$32 Facility /
\$47 Community

April Cost: \$40 Facility /
\$59 Community

YOUTH SPORTS

Campo Basketball (age 3-14)

Registration: March 7-April 6

Season: May 4-July 18

Cost: \$50 Facility / \$80 Community

Campo Volleyball (age 8-14)

Registration: March 7-April 6

Season: May 4-July 18

Cost: \$50 Facility / \$80 Community

AQUATICS

Waveriders Swim Club (age 6-17)

Sessions: March 30-April 30, May 4-29,
June 1-26

Day/Time: Tues/Thurs, 6-7pm

April Cost/month: \$44 Facility /
\$63 Community

May/June Cost/month: \$35 Facility /
\$50 Community

+ Sat Option- 12-1pm

April Cost/month: \$57 Facility /
\$88 Community

May / June Cost/month: \$45 Facility /
\$70 Community

Tampa YMCA Swim Team (age 6-17)

Sessions: March 30-April 30, May 4-29,
June 1-26

Day/Time: Mon/Wed/Fri, 6:30-8pm

April Cost/month: \$ 63 Facility /
\$88 Community

May/June Cost/month: \$50 Facility /
\$70 Community

+ Sat Option- 8:30-10am

April Cost/month: \$82 Facility /
\$119 Community

May/June Cost/month: \$65 Facility /
\$95 Community

AQUATICS (cont.)

TYS Florida Swimming

Registration: \$55/year

Private Swim Lessons

Half-hour lessons

Cost: \$25 Facility / \$35 Community

Group Swim Lessons

*Offered March - October; see Welcome
Center for dates and times.*

April Lesson Registration:

Facility Members Mar 23,
Community Members Mar 30

May Lesson Registration:

Facility Members Apr 20,
Community Members Apr 27

June Lesson Registration:

Facility Members May 18,
Community Members May 25

*April will be a four week session, with
no class the week of Spring Break.*

TEENS

Do Something Good

Community Service Project... We need
you! Volunteer opportunities at our
branches and community service
projects in the Brandon/Riverview area
are available. Please contact the
Welcome Center at (813) 684-1371 for
complete details.

Leaders Club (age 13-17)

Time: Tuesdays, 7pm

Cost: yearly membership dues

SENIORS

Young at Heart Senior

Birthday Party (age 55+)

Dates: April 1, May 6, Sept 2 we
celebrate all summer birthdays!

Time: 12-2pm

Cost: FREE! for Facility Members

ADULTS

4-on-4 Basketball (age 18+)

Registration: March 10-April 14

Season: April 14-June 9

Cost: \$40 Facility / \$60 Community

Toastmasters (age 18+)

Dates: 2nd & 4th Tuesdays of the month

Time: 7pm

Cost: See the Welcome Center

MAPP

30-hour training to become a Foster
Parent

Date: Next Session To Be Announced

Contact: (813) 643-KIDS

Ballroom & Swing Dance (age 18+)

Sessions begin: May 1- June 12

(no class May 22)

Day/Time: Fridays, 7-8pm (Swing);
8:30-9:30pm (Ballroom)

Cost: \$54/couple...Both participants
must be members.

HEALTH AND WELLNESS

Personal Training

Flexible to meet your schedule - available
at our Campo and FishHawk locations.
Options available for 1-on-1 training, as
well as couples and small groups. See a
Wellness Staff member for details and
request forms.

Basic Training

(Group Personal Training)

Dates: April 20-May 29, June 15-July 24
Day/time varies by instructor.

Cost (Facility Members only): 1x/week
\$65, 2x/week \$125, 3x/week \$160

Maximum 6 per class.

Progress Check Day

Stop by and let us help you measure
your progress on April 1, May 1 and
June 1

Cost: FREE! for Facility Members

Brunch N' Learn / Bingo

Date: April 14, May 12, resumes in Sept.

Time: 11am (brunch), 1pm (bingo)

Cost: FREE! for Facility Members

CPR (age 13+)

Dates: April 18, May 16, June 20

Time: 6-10pm

Cost: \$25 Facility / \$40 Community

First Aid (age 13+)

Dates: May 16, June 20

Time: 9-11:30am

Cost: \$25 Facility / \$40 Community

Weight Watchers

Nonmembers welcome (must sign in at
the Welcome Center). For fees and
more information, contact Weight
Watchers at 1-800-651-6000.

FishHawk Ranch YMCA Express Programs

Group Personal Training

Sessions begin: TBA (12 classes, 2 times
a week for 6 weeks)

Day/Time: Mon/Fri, 9-10am,
10-11am, Tues/Thurs, 6-7pm,

Teacher: Mindy

Cost: \$125 Facility Members only

Maximum 10 per class

Martial Arts (age 3+)

Sessions: March 30-May 2

(5-week session), May 4-30, June 1-27

Days/Times Tiny Tigers (age 3-6):

Tues 6-6:30pm, Fri 5-5:30pm

March Cost: \$50 Facility /
\$70 Community (2x week),

April Cost: \$62.50 Facility /
\$87.50 Community (2x week)

Days/Times Juniors (age 7-12):

Tues 6:30-7:30pm, Fri 5:30-6:30pm,

Sat 10-11am,

March Cost: \$75 Facility /
\$95 Community (3x week)

April Cost: \$93.75 Facility /
\$118.75 Community (3x week)

Days/Times Adults (13 and up):

Tues 7:30-8:30pm, Fri 6:30-7:30pm,

Sat 11am-noon

March Cost: \$75 Facility /
\$95 Community (3x week)

April Cost: \$93.75 Facility /
\$118.75 Community (3x week)

Days/Times Adults (13 and up):

Tues 7:30-8:30pm, Fri 6:30-7:30pm,

Sat 11am-noon

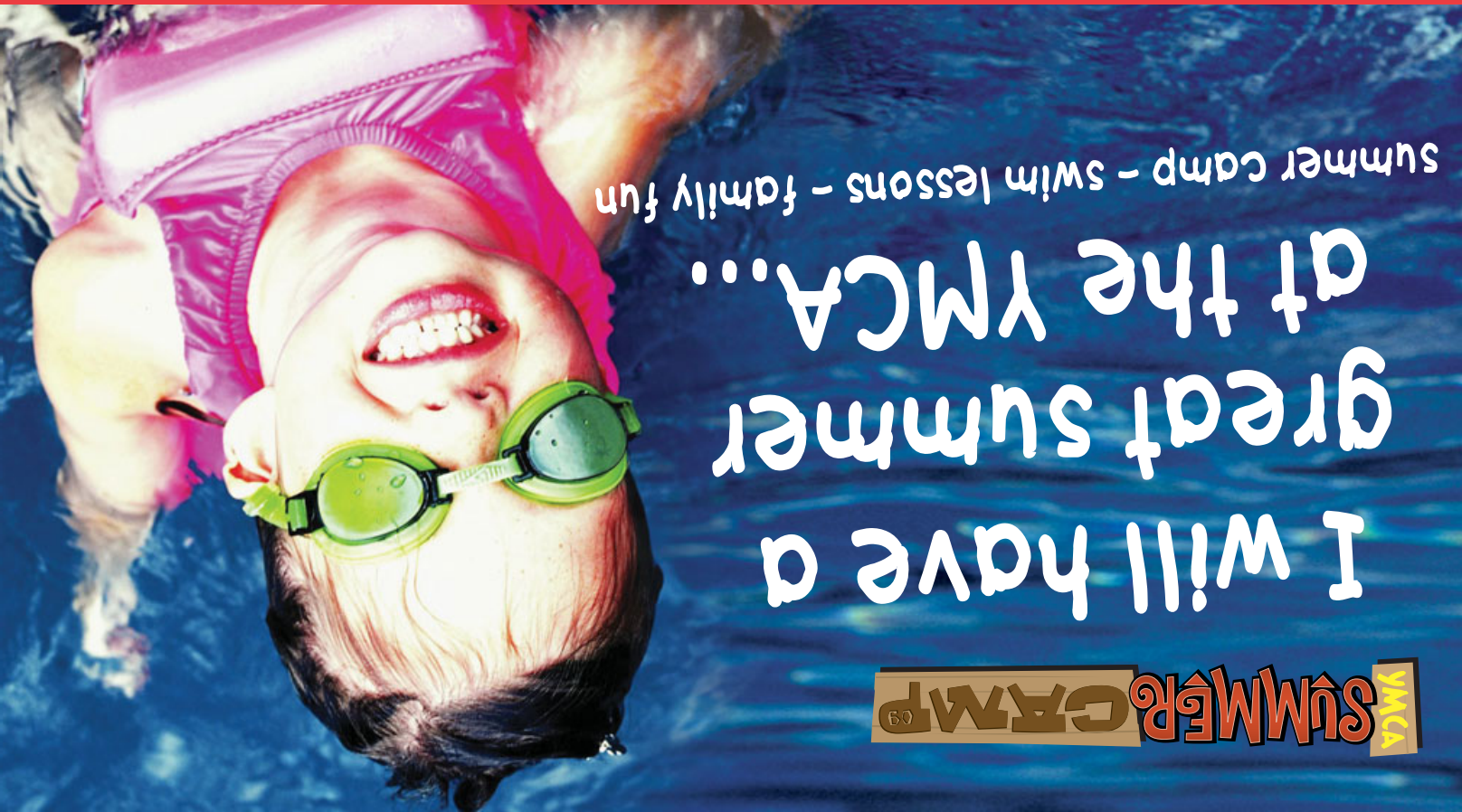
March Cost: \$75 Facility /
\$95 Community (3x week)

April Cost: \$93.75 Facility /
\$118.75 Community (3x week)

See the Welcome Center for more
details on FishHawk Ranch YMCA
programs.



WHAT'S YOUR MISSION? Find it at the Y.



YMCA SUMMER CAMP



Campo Family YMCA

News & Events

April - June 2009

Holiday Hours: Easter Sunday, YMCA Closed ■ May 25-Memorial Day, 7am-6pm

YMCA Healthy Kids Day 2009 at MOSI

Come and Bring Your Friends!

April 18, 2009 from 9-noon
Come play with the YMCA at the Museum of Science and Industry! The action-packed day will feature the "The Amazing You" fun walk for families, plus great kids' activities, snacks, and games from many different groups. All participants will receive a special discounted rate off MOSI admission and BodyWorlds tickets! Join us for a fun day. **Plus the first 300 kids will receive a free t-shirt.** For more info, visit us online at www.tampaymca.org.



Family Adventure Day at YMCA Camp Cristina

Sunday, May 31, 2009, 1-5pm

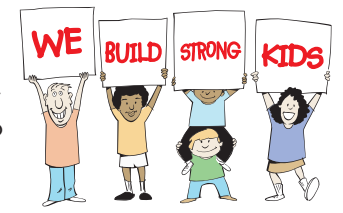
Experience a day of adventure in the great outdoors at **YMCA Camp Cristina in Riverview!** Bring the entire family to try out Camp Cristina's great activities including high ropes, horses, archery, games, and much more. You can also take a tour and sign up for camp right on the spot. It's only about 20 minutes from downtown Tampa! To reach Camp Cristina, go south on 301, cross Riverview Road, and then make a left on Balm Riverview. Camp Cristina is located about 1 mile down the road on the left (9840 Balm Riverview Road). For more info, call 813-677-8400.



Ride for a Cause at the Campo YMCA Twilight Ride
April 17, 4:30-8:30pm. Pedal by the pool and help raise money to support the YMCA's Building Strong Kids Campaign! Stop by the Welcome Center to reserve your bike timeslot today.

Thanks for Your Support

Thanks to all who contributed to the 2009 Building Strong Kids Campaign! We are working hard to reach our fundraising goal so that all families have a chance to benefit from the YMCA regardless of their financial circumstances. If you have not yet made your pledge, please see a member of your YMCA staff or visit www.tampaymca.org to donate online.



Get Ready for the Next Wellness Challenge

It's not the Tour de France...it's the Tour d'Y!
Join the Tour d'Y July 4th through July 26th. Earn points for participating in the 21 stages of the ride. Stay tuned for more details at your YMCA.

Mondays Just Got "Chili"!

The Campo YMCA is proud to partner with Chili's on **Lithia-Pinecrest for Give Back Mondays!** Every Monday, from 11am to 11pm, Chili's will contribute 10% of your ticket to Build Strong Kids! Just show your YMCA membership card. For details see www.tampaymca.org (click on *Find Your Y*, then *Campo*)

April 18, 2009 - 9am-12pm



JOIN US FOR **YMCA HEALTHY KIDS DAY** at MOSI & BODY WORLDS for The Amazing You Walk
presented by grow financial federal credit union

Tampa Metropolitan Area **YMCA** ASSOCIATION OFFICE
110 East Oak Avenue
Tampa, Florida 33602
www.tampaymca.org

Non-Profit Organization
U.S. Postage PAID
Tampa, FL
Permit no. 556